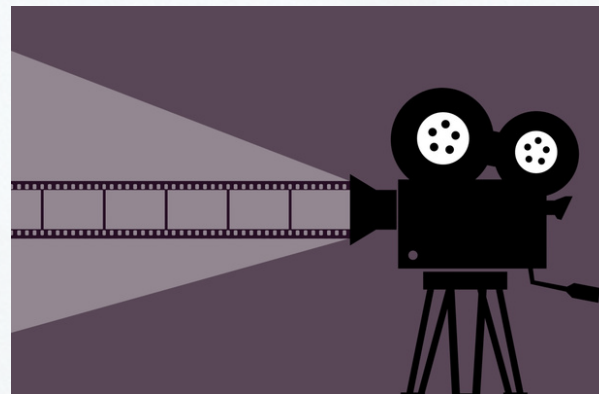


A special project for us :)



Let's start with a video!



BetterWorldians Foundation *Color Your World With Kindness*

Explore the video!



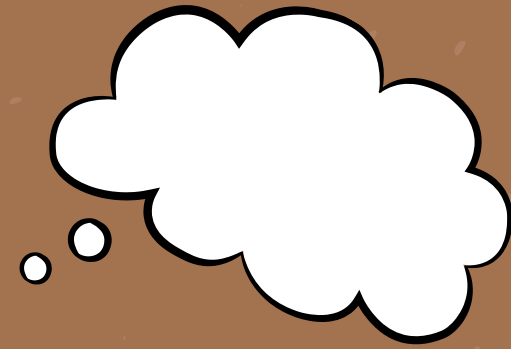
Task 1

Brainstorming

Task 2



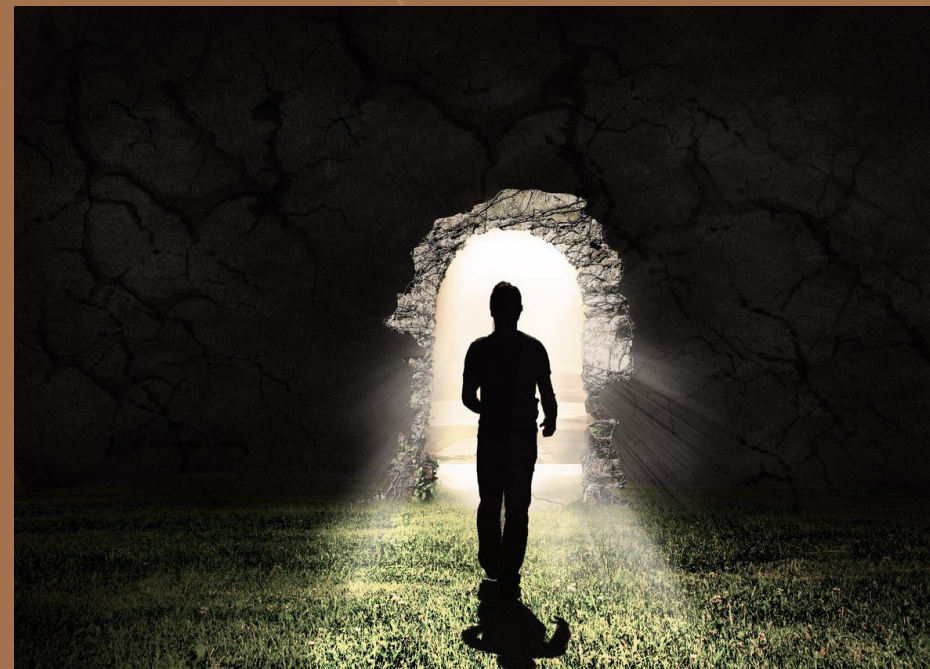
What is the topic of the video?



Write your word!



Anger
Hate



Hope



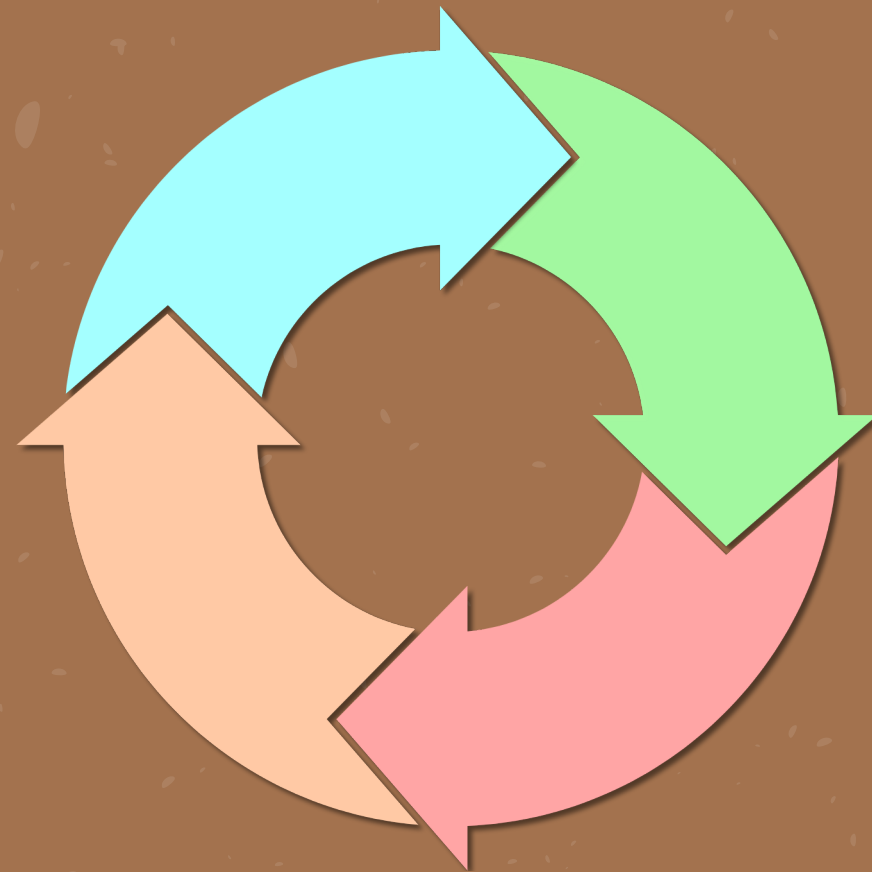
Pat Zietlow Miller and Jen Hill *Be Kind*

Kindness

Task 3

What is the message of the video?

The message of the video is...



<https://twitter.com/sesamestreet/status/698945908017221632>

What goes around
comes around!

Kindness is contagious!

Task 4

What can the title of the video be?



1) Smile!



2) Be angry!



3) Be Kind!

Task 4

The title of the video can be....



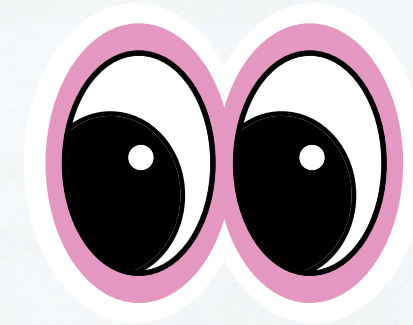
Pat Zietlow Miller and Jen Hill *Be Kind*

Be Kind!

Storytelling time



Listen!



Look!



Keep silence!

The Kindness Book by Todd Parr

What is the topic of the book?



Pat Zietlow Miller and Jen Hill *Be Kind*



What is the topic of the book?



The topic is kind acts: how I can be kind.

The words of Kindness



Let's build the Glossary of Kindness!



GAME



When we share acts of kindness, we

COLOR

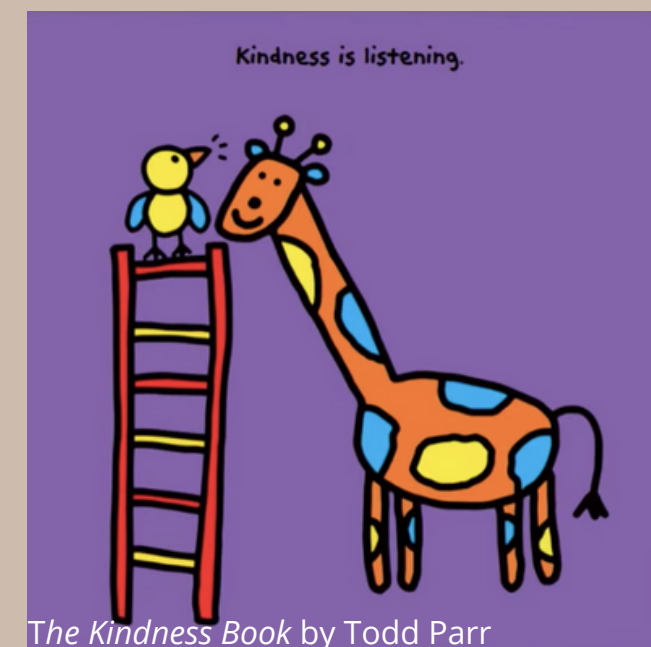
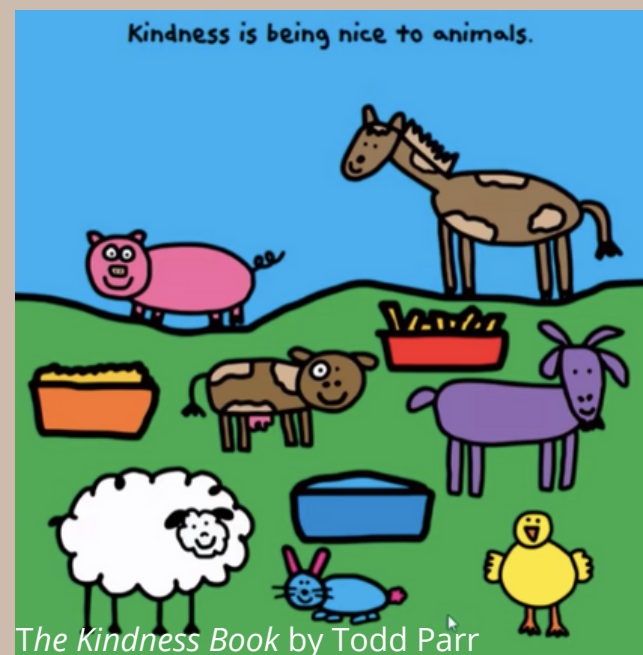
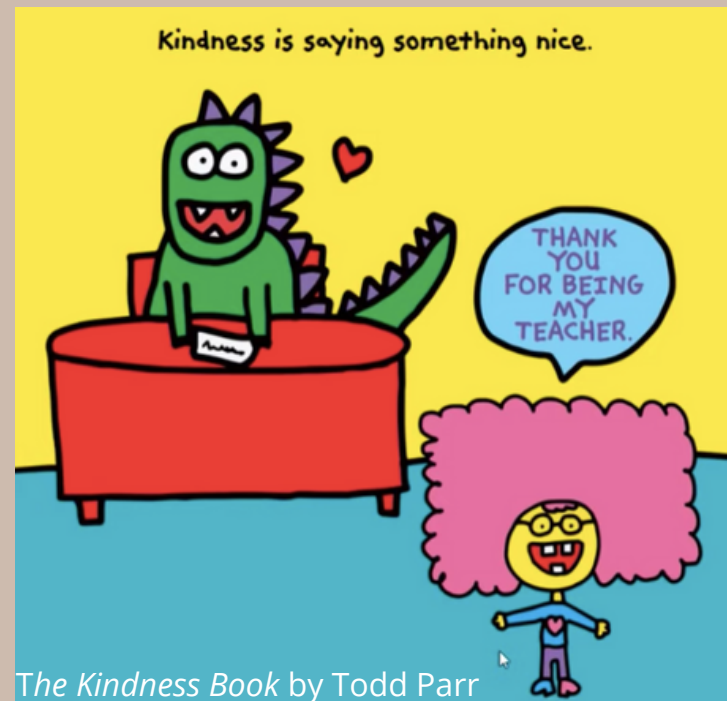
our World

HOW?

BetterWorldians Foundation *Color Your World With Kindness*

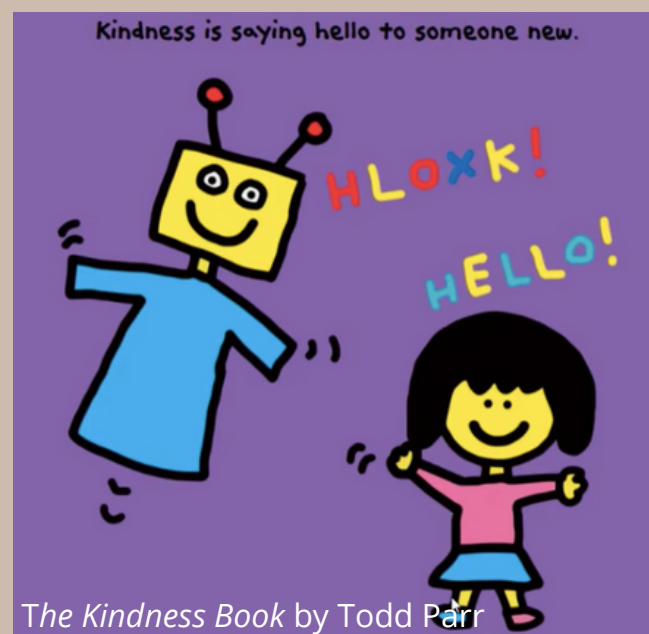
A LITTLE RECAP!

What kind word is it? It is



A LITTLE RECAP!

What kind word is it? It is



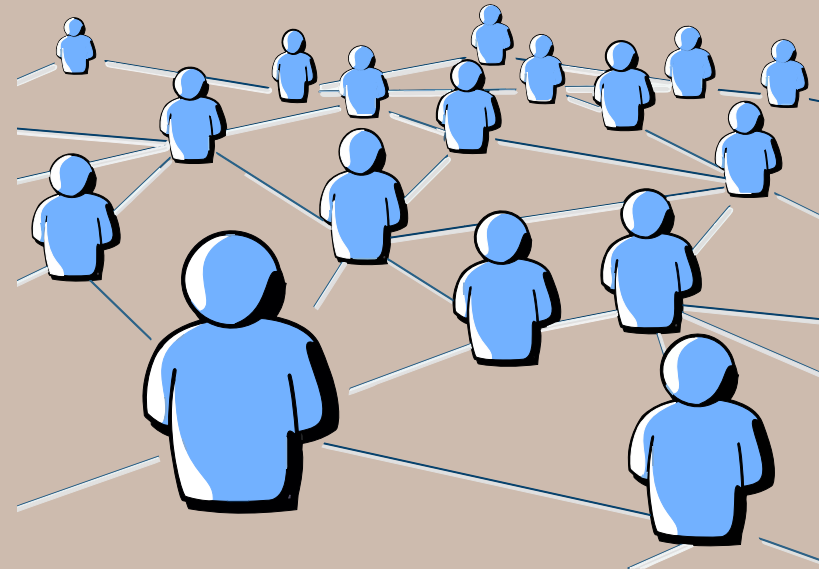
People can be kind to me.



Pat Zietlow Miller and Jen Hill *Be Kind*

How do you feel when *people are kind to you*?

I feel....



**CONNECTED TO
PEOPLE**



GOOD



SAD



ALONE



ANGRY

ME

I can be kind to people.



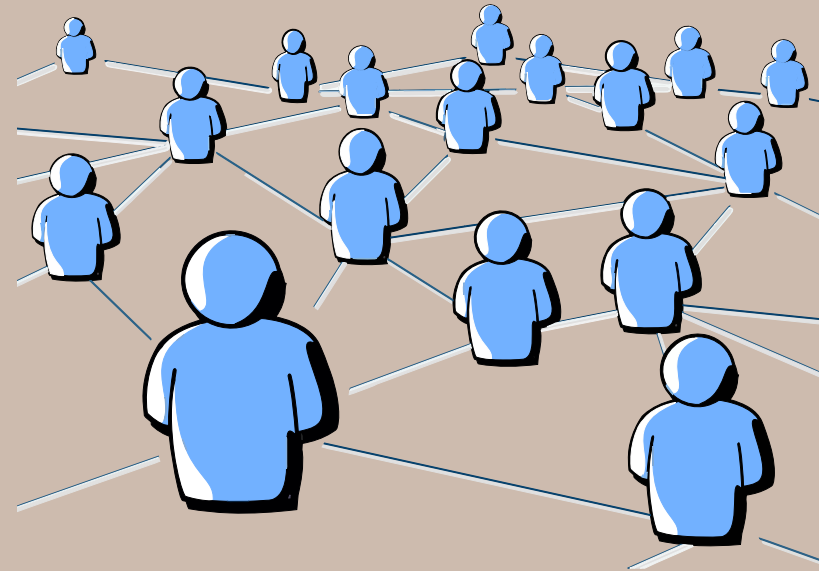
Pat Zietlow Miller and Jen Hill *Be Kind*



ME

How do you feel when *you are kind*?

I feel....



**CONNECTED TO
PEOPLE**



GOOD



SAD



ALONE



ANGRY



How much is being kind?

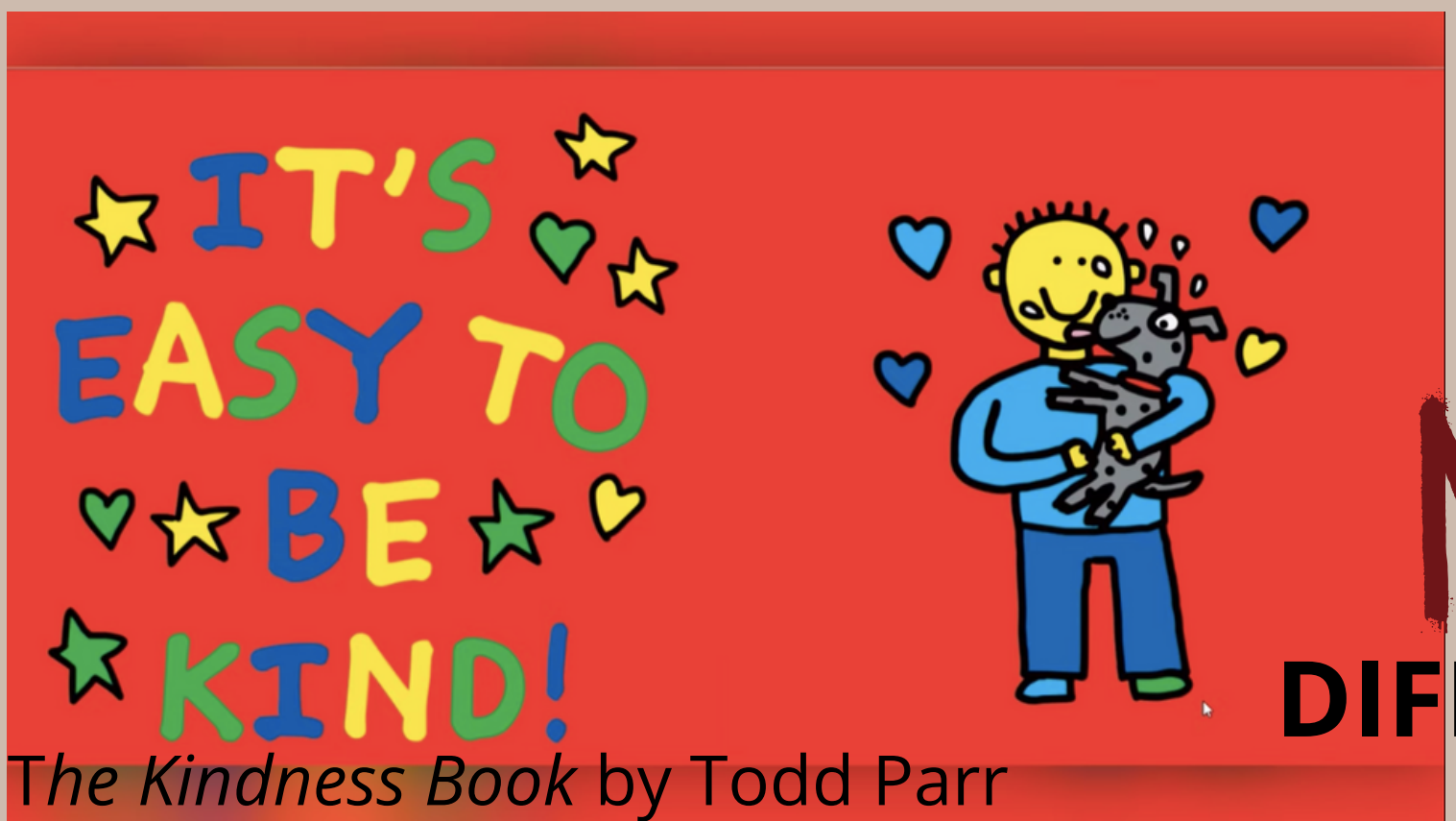


ME



Pat Zietlow Miller and Jen Hill *Be Kind*

FREE



**NO
DIFFICULT**



**Kindness makes YOU
and PEOPLE AROUND
YOU feel GOOD!**

There are many ways to be kind!
Don't forget to be kind to YOURSELF.
The end. Love, Todd



There are MANY ways to be kind...



How *can* you be kind?

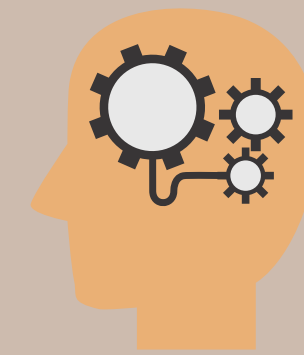


I can

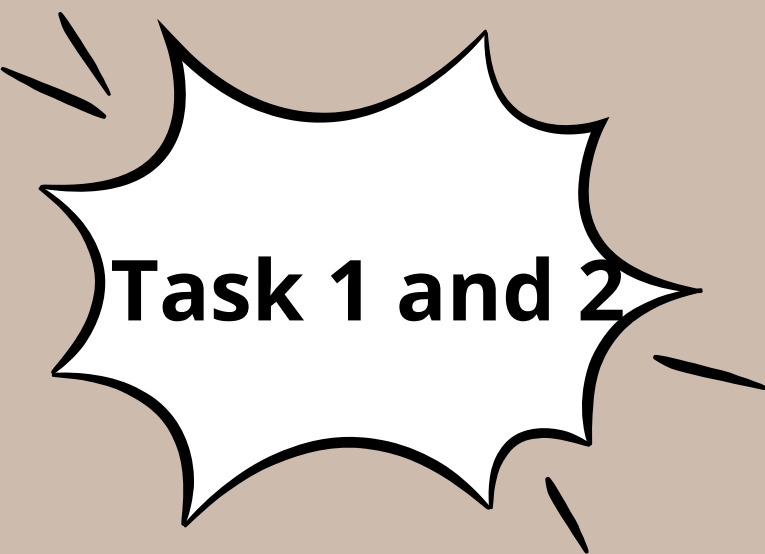




Time to reflect!



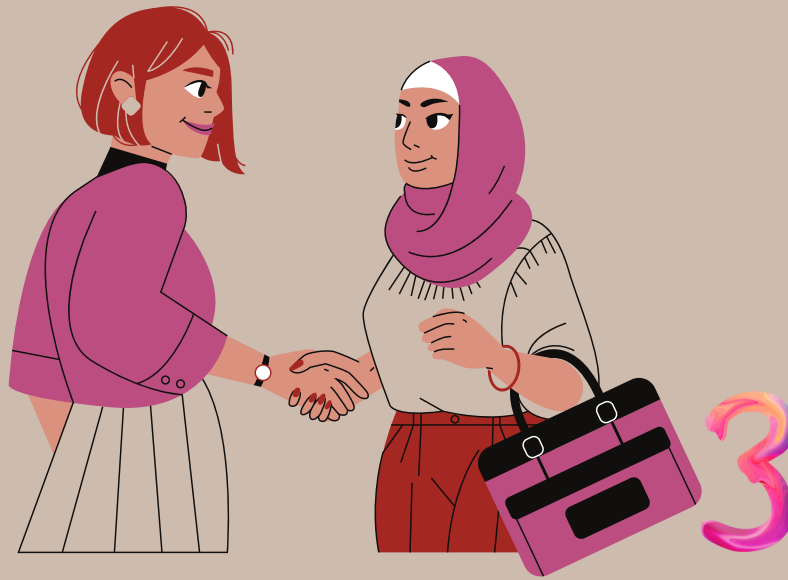
<https://twitter.com/sesamestreet/status/698945908017221632>



How can you be kind?
How do you feel?

Time to share!

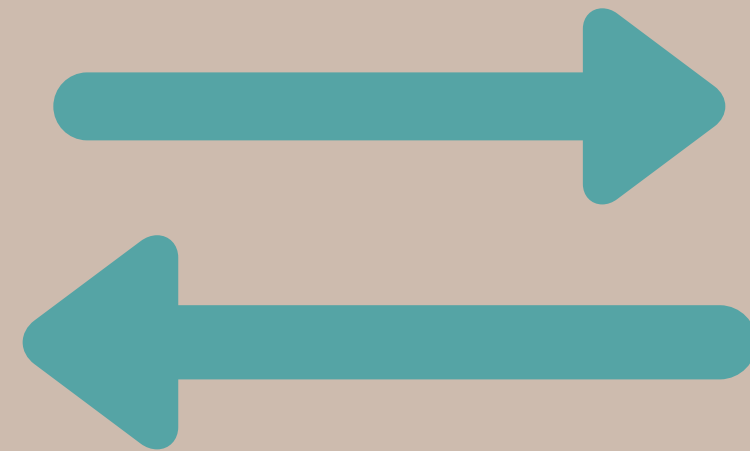
I can....
I feel....



<https://me.me//rt-learnthngs-which-step-have-you-reached-today%E2%9D%93-https-t-co-e4ihq7vyoo-c1bdfd7f42c94b368878d4e9463c9130>

What kind word is it?

Put the letters in order and discuss with your team!



I think it is ...

I agree.

I don't agree.

This is letter number ...



**What does
this word
mean?**



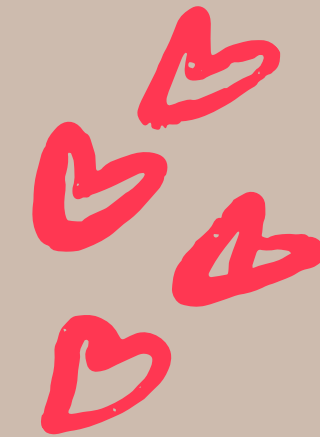
It means



Can you **color** your school with kindness?



<https://twitter.com/sesamestreet/status/698945908017221632>



Choose a place in your school
and make kindness contagious!



What place do you choose? I choose



the entrance



the canteen



the library



the toilet



the classroom

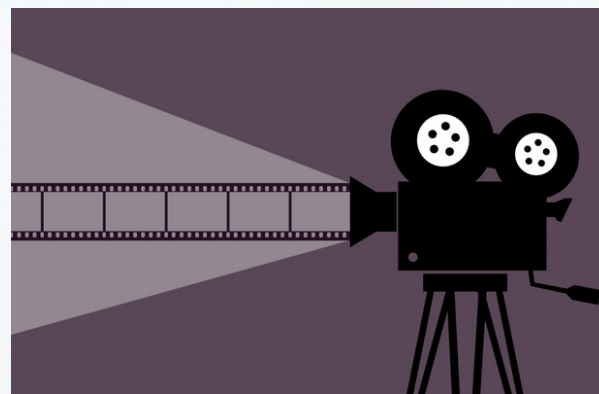


the teachers' room



the hallway

Let's watch a video!

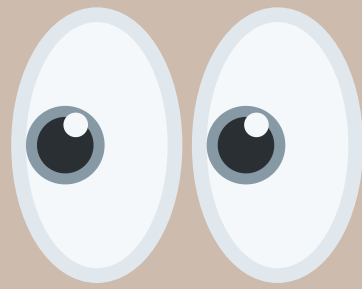


<https://video.link/w/PYmrc>

The Kindness Rocks Project *The Kindness Rocks Project*

Take notes!





What do you see in the video?



I see



people smiling



art



people working together



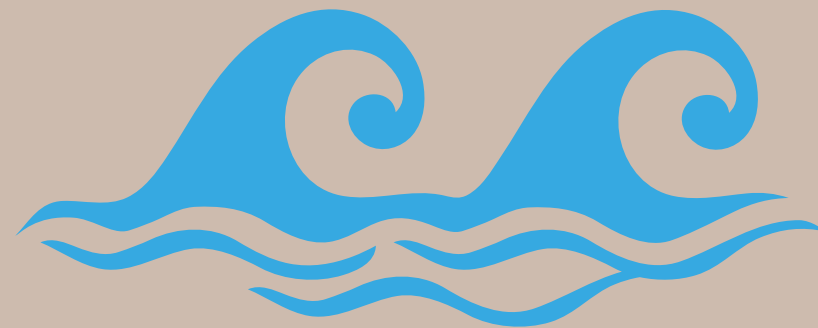
Rocks



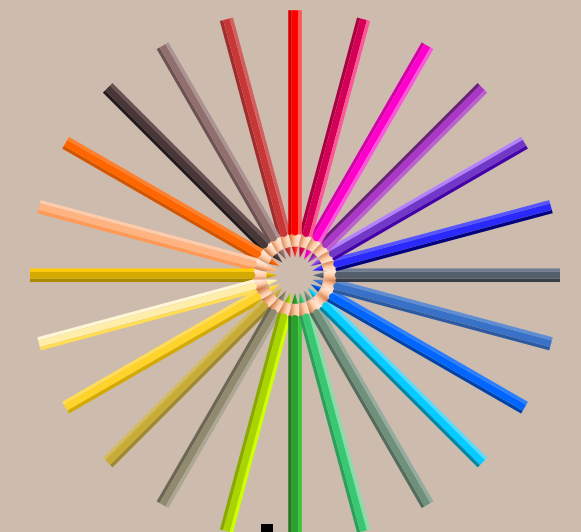
people crying



people fighting



the sea



colors

What do people do?



People



Collect rocks



cry



decorate the rocks



write on the rocks



leave the rocks around



fight

What do people write on the rocks?



People write...



The Kindness Rocks Project The Kindness Rocks Project



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The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



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The Kindness Rocks Project The Kindness Rocks Project

People write KIND words!



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



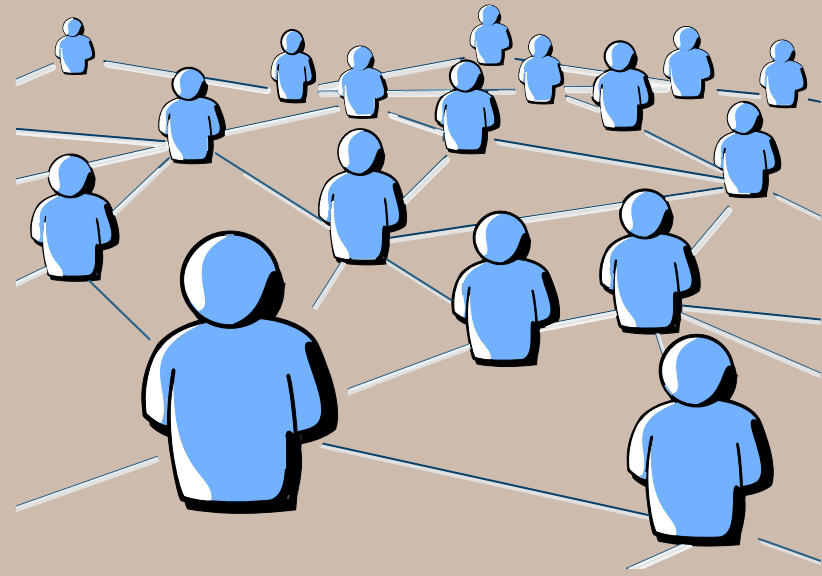
The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project

How do you feel when you find a *Kindness rock*?

I feel....



**CONNECTED TO
PEOPLE**



The Kindness Rocks Project The Kindness Rocks Project



GOOD



SAD



ALONE

Why people leave around the kindness rocks?



The Kindness Rocks Project The Kindness Rocks Project

Because people want to



color the world with...

KINDNESS



<https://twitter.com/sesamestreet/status/698945908017221632>



BetterWorldians Foundation *Color Your World With Kindness*



<https://www.thekindnessrocksproject.com/>

Images for Inspiration



THE KINDNESS
Rocks PROJECT™

Some examples of Kindness rocks!

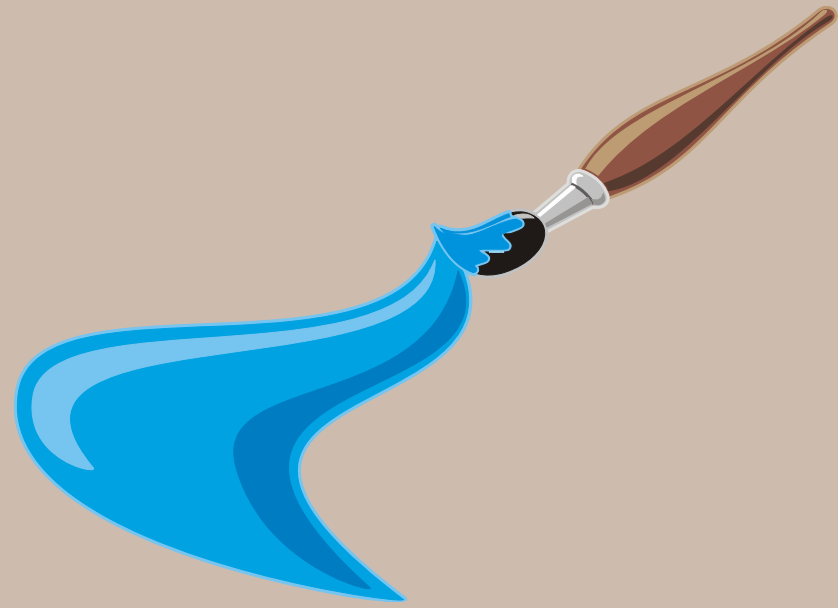
The Kindness Rocks Project



Won't you join us?



Let's color our world with KINDNESS!



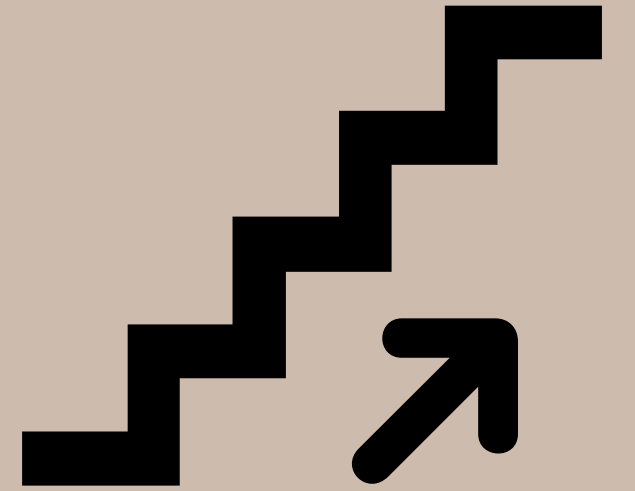
<https://twitter.com/sesamestreet/status/698945908017221632>



BetterWorldians Foundation *Color Your World With Kindness*

HOW?

The steps to make
a kindness rock!



GAME

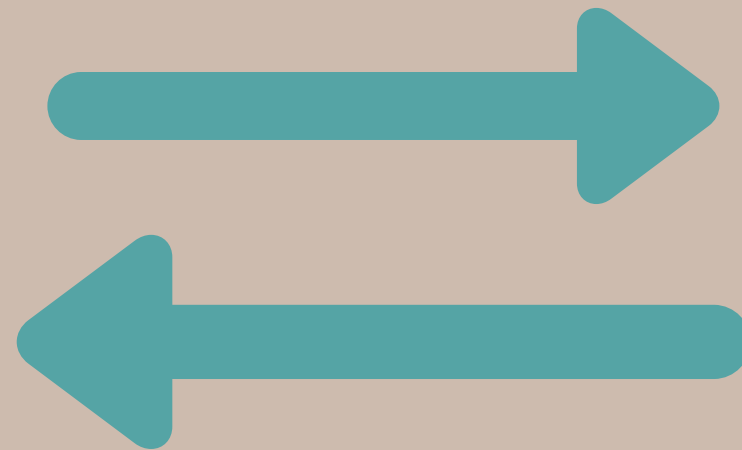
HOW?

Put the steps in order!



Discuss with your team mate :)

What number is it?



I think it is number...

I agree.

I don't agree.



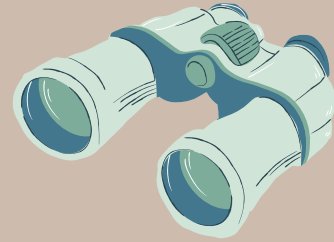
What number is it?

SAMPLE



I think this is number...

LET'S MAKE OUR KINDNESS ROCKS!



Check the materials! ✓



Have you got....?



Yes, I have.



No, I haven't.



a rock



paint and
a paint brush



the to do list



the kindness
glossary

STEP 1



What is it? It is.....

STEP 2



What is it? It is.....

What *kind word* do you choose?



Think....



... and write!

I choose

STEP 3



<https://deavita.net/painted-rocks-diy-garden-decoration-ideas.html>

What is it? It is.....

What *decoration* do you choose?



Think....



The Kindness Rocks Project The Kindness Rocks Project



... and write!



The Kindness Rocks Project The Kindness Rocks Project



The Kindness Rocks Project The Kindness Rocks Project



<https://www.thekindnessrocksproject.com/>

I choose

STEP 4



The Kindness Rocks Project The Kindness Rocks Project

What is it? It is.....

STEP 5



The Kindness Rocks Project The Kindness Rocks Project



<https://twitter.com/sesamestreet/status/698945908017221632>

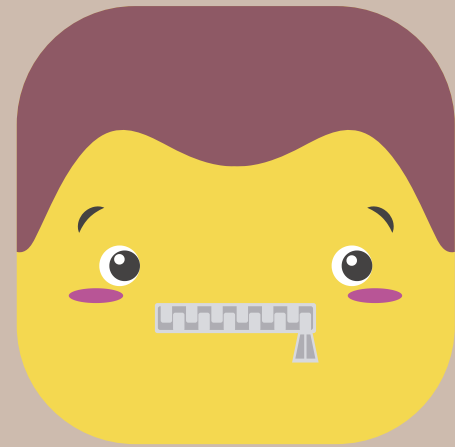
What is it? It is.....



The kindness game



THE RULES



1) Pick a note.

2) Read the name of your classmate and keep it secret.

3) Be the **kind mate** to your classmate for three days.

4) Write down your kind actions every day.

What does rule number 3 mean?



Be kind!

3) Be the **kind mate** to your classmate for three days.

Rule number 3 means

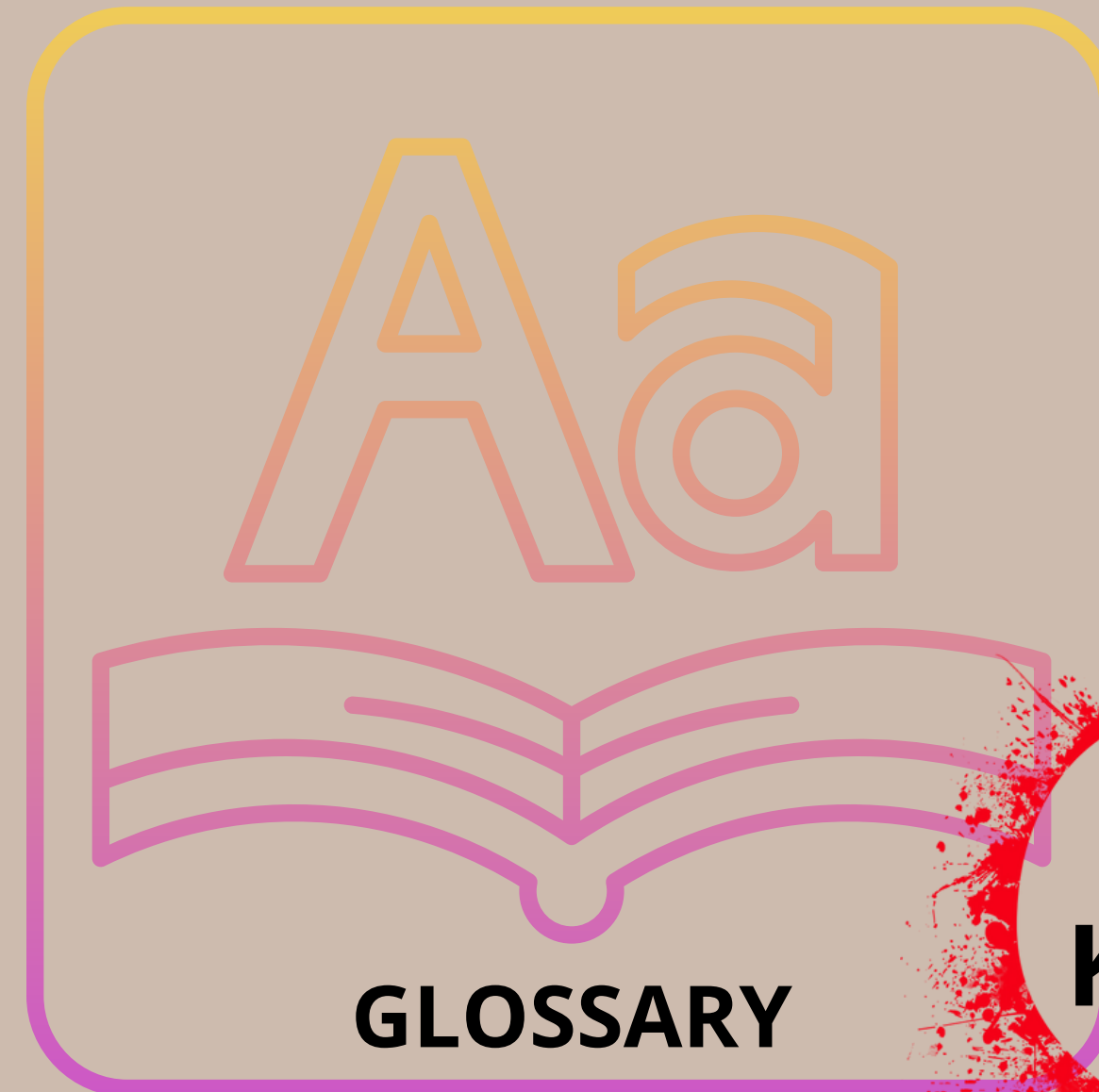
How can you be kind?



I can



The Kindness Book by Todd Parr



Rule number 4



4) Write down
your kind actions
every day.



Day 1	Day 2	Day 3
Today kind actions	Today kind actions	Today kind actions
How kind I was? Color the hearts!	How kind I was? Color the hearts!	How kind I was? Color the hearts!
		

Have you got any questions?



The Kindness game: final reflections

Who are you kind mate to?



I am kind mate to

How is the kindness game?



NO
DIFFICULT

It is difficult. It is easy.

Are you satisfied?



YES



SO AND SO



NO

How did you feel?



GOOD



BAD

To finish our journey through Kindess....

helping one person might not change
the whole world,

but it could change the world for
one person.

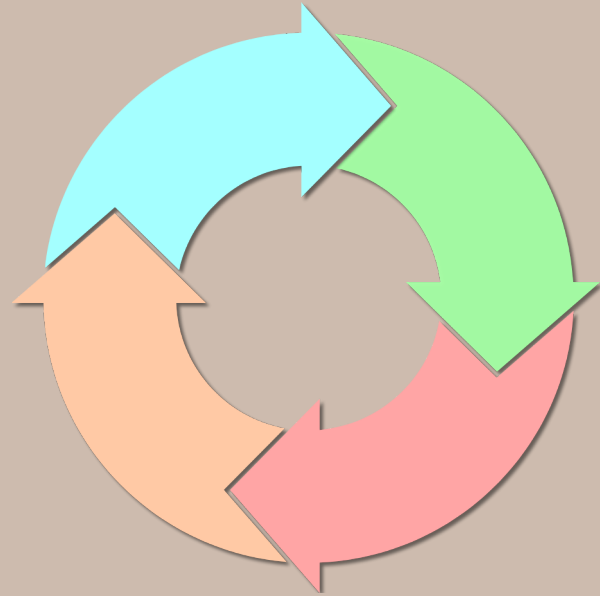
<https://99memes.co/picture/helping-one-person-might-not-change-the-whole-world-but-Pmpaup4D9>



Always be kind!



Pat Zietlow Miller and Jen Hill *Be Kind*



What goes around
comes around!

When we share acts of kindness, we

COLOR
Our World

BetterWorldians Foundation *Color Your World With Kindness*

KINDNESS IS CONTAGIOUS



SPREAD THE LOVE

<https://twitter.com/sesamestreet/status/698945908017221632>