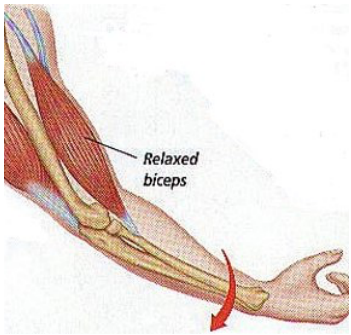


Contract



Relax

Elastic

Protect



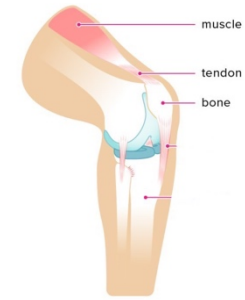
Movement

Organs

Connect



Bones



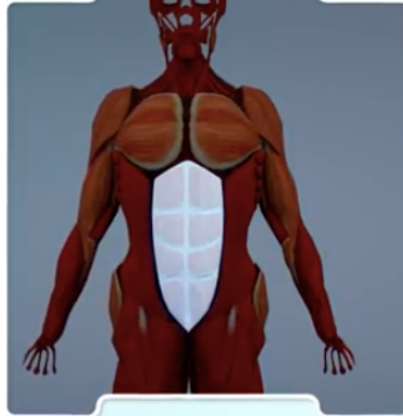
Tendons

Voluntary

Involuntary



Biceps



Abs



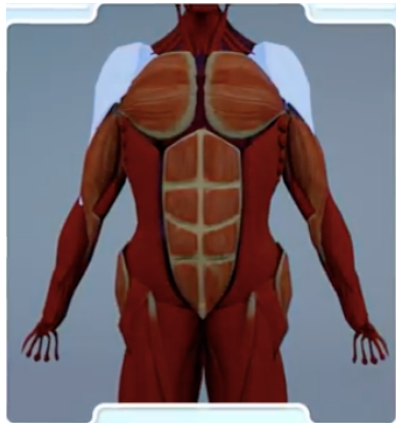
Quadriceps



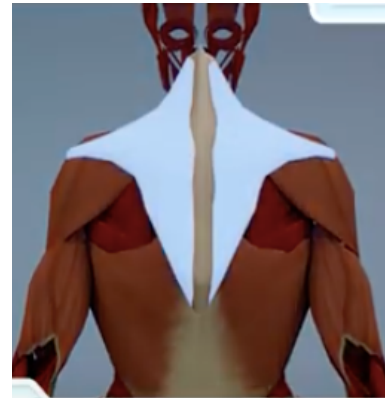
Triceps



Pectorals



Deltoids



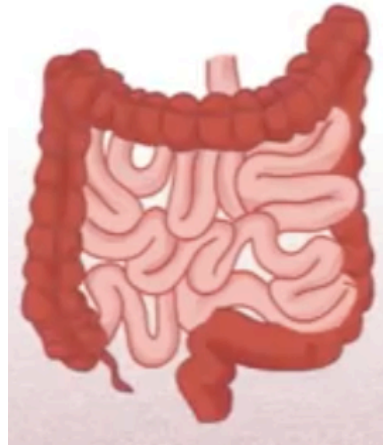
Trapezius



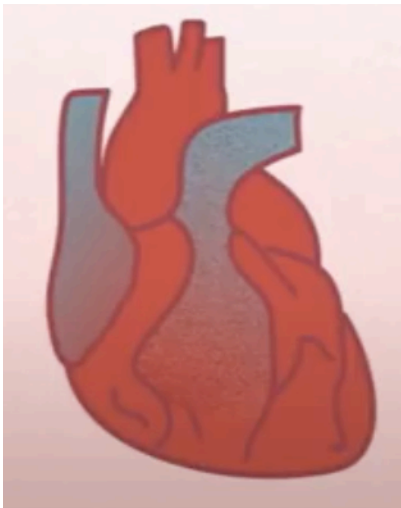
Glutes



Calves



Intestine muscle

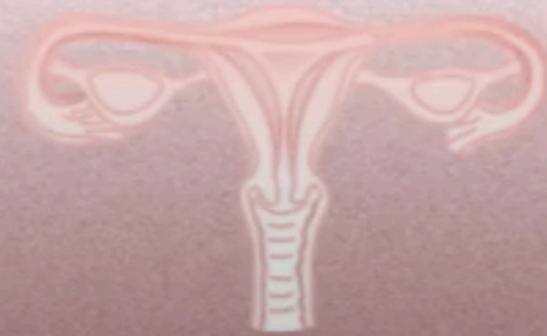
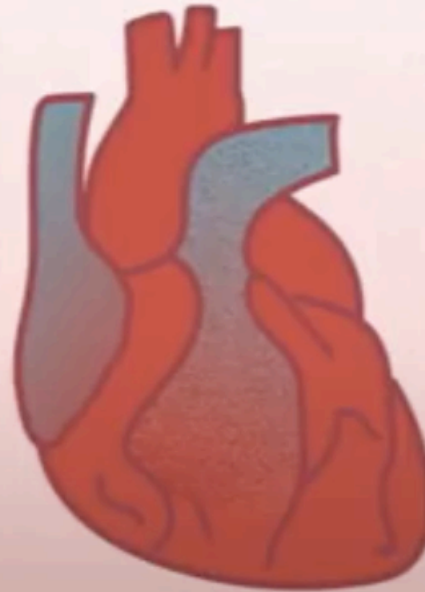
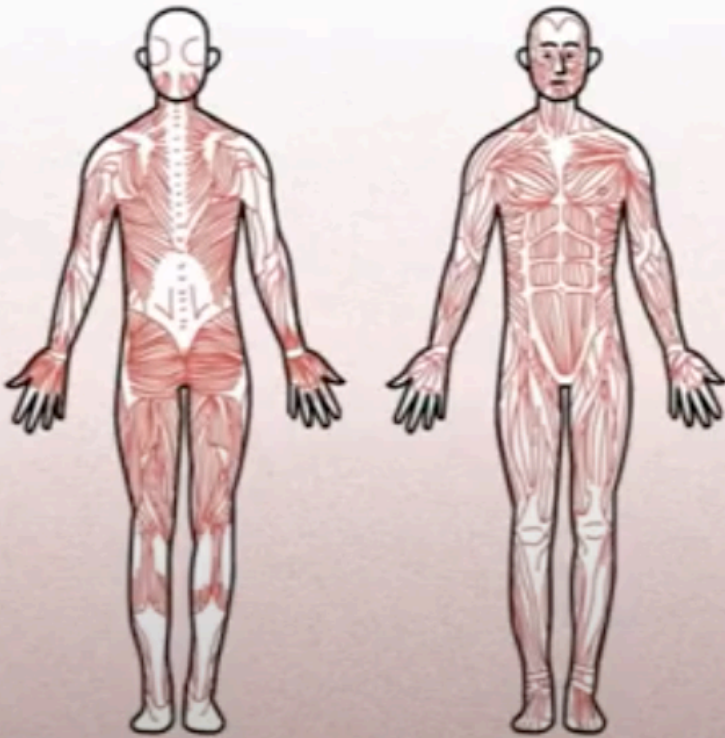
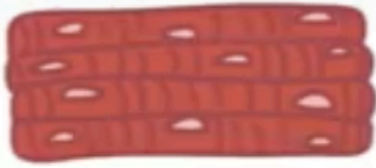


Cardiac muscle



Uterus

Types of muscle:



Skeletal muscle

Cardiac muscle

Smooth muscle