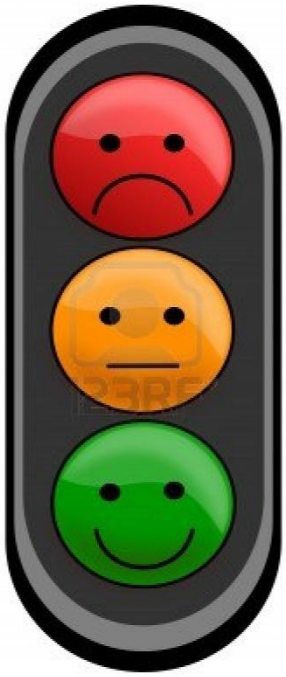
LESSON 7

REFERENCE TABLE

Describe your plate



THIS PLATE IS NOT BALANCED

THIS PLATE IS NOT SO BALANCED

THIS PLATE IS BALANCED

BECAUSE

(perchè)

THERE **ARE**: ● GRAINS ● PROTEINS OR DAIRY PRODUCTS ● VEGETABLES ● FEW FATS	THERE **ARE NO**: ● GRAINS ● PROTEINS OR DAIRY PRODUCTS ● VEGETABLES
BUT OR AND (ma) (e)	
THERE **IS**: ● FRUIT	THERE **IS NO**: ● FRUIT

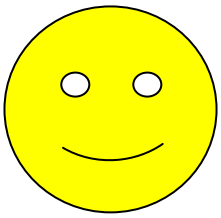
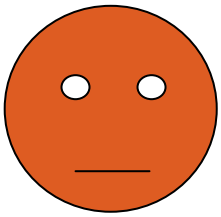
LESSON 7

SELF ASSESSMENT SHEET

Now you have finished your presentation!

It is time to assess your speaking competence!

Use this symbols to assess your speaking!

			
I am very good at it! (In questo sono molto bravo)	I am good at it! (In questo sono bravo)	I am quite good at it! (In questo sono abbastanza bravo)	I am not so good at it! I need more practice. (Non sono tanto bravo in questo. Ho bisogno di più esercizio)

DRAW YOUR FACE UNDER THE DIFFERENT COMPETENCIES

	PRONUNCIATION (RIESCO AD UTILIZZARE LA CORRETTA PRONUNCIA)	**FLUENCY** (RIESCO A PARLARE SENZA INTERROMPERMI E SENZA TROPPE PAUSE)	**ACCURACY** (RIESCO A COSTRUIRE FRASI COMPLETE)
ME			
MY TEACHER SAYS…..			