

LESSON 4.

REFERENCE TABLE TO SUPPORT THE DEVELOPMENT OF SPEAKING AND REASONING SKILLS.

My plate is balanced	My plate is not so balanced	My plate is not balanced
<p>There is/are:</p> <ul style="list-style-type: none"> - GRAINS - FRUIT - VEGETABLES - PROTEINS <u>or</u> DAIRY PRODUCTS - FATS <p>Nel piatto bilanciato <u>ci sono</u> questi gruppi alimentari.</p>	<p>In this plate something important is <u>MISSING!</u></p> <p>In questo piatto, non tanto bilanciato, <u>manca qualcosa di importante</u>... (fruit, vegetables, grains, proteins).</p>	<p>There are no/is no:</p> <ul style="list-style-type: none"> - VEGETABLES - GRAINS - PROTEINS or DAIRY PRODUCTS - FRUIT <p>Nel piatto non bilanciato <u>non ci sono</u> <u>molti</u> gruppi alimentari importanti!</p>